

### Centre Contact Details:

Templenewsam Halton Primary School  
Pinfold Lane, Leeds, LS15 7SY.

To find us— our gate is at the bottom of Pinfold Lane. Press the buzzer and a member of staff will meet you there.

Meadowfield Children's Centre  
Halton Moor Avenue, Leeds, LS9 0JY.

To find us— entrance by the zebra crossing

Colton Primary School, School Lane, Leeds, LS15 9AL

To find us—enter the school playground through the pedestrian gate.

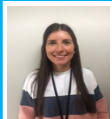
Walk down to main school reception, follow the path left, towards the car park. Turn right and the children's centre is straight ahead.

### Children's Centre Team



Donna Kilvington-Centre Manager

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Kirsty Thompson— Senior Family Outreach Worker

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Tracey Crann-Family Outreach Worker

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Claire Taylor— Family Outreach Worker

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Janice Deane— Centre Administrator

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# What's on?

At Meadowfield, Temple Newsam and Colton  
Children's Centre

Working together to provide the  
best service for children and families  
in the Halton, Halton Moor, Killingbeck, Colton, Austhorpe and  
Whitkirk areas.

Contact us- 0113 2250025 or [childrenscentre@rklt.co.uk](mailto:childrenscentre@rklt.co.uk)



A Sure Start Children's Centre



## What's going on?

### Monday

No groups and courses for now.

### Tuesday

#### **Stay and Play (term time only) 9.30-10.45am**

At Colton Primary site. A weekly session for parents, carers and their children to play and have fun. £1 per session.

### Wednesday

#### **Tiny Dancers (term time only) 9.45-10.30am**

At Colton Primary Site. A fun and interactive group focussed on dance and singing. £4 per session, places must be booked via [jmfjune@hotmail.com](mailto:jmfjune@hotmail.com) and paid on a half termly basis.

#### **Stay and Play (term time only) 10-11.15am**

At Meadowfield site. A weekly session for parents, carers and their children to play and have fun. £1 per session.

### Thursday

#### **Little Wonders 10-11am**

At Colton Primary site. A weekly session suitable for expectant mums and parents/carers with non-walking children. An opportunity to make friends, seek advice, and have fun with your baby. £1 per session.



support

#### **Little Wonders 1.45-2.45pm**

At Meadowfield site. A weekly session suitable for expectant mums and parents/carers with non-walking children. An opportunity to make friends, seek advice, support and have fun with your baby. £1 per session.

### Friday

#### **Story Time 10.30am-11.30am**

At Halton Library. Join us for stories and singing. Free session.

Find us on Facebook Meadowfield, Templeneswam and Colton  
Children's Centre

**Please email [childrenscentre@rklt.co.uk](mailto:childrenscentre@rklt.co.uk) or call**

**01132250025 to book on groups.**



## Courses and other services

- **Infant Massage** — 4-week course for £20 run by a qualified instructor. Subsidies available. Please speak to a member of staff to place your name on waiting list.
- **Understanding your baby**— 4 week free course for parents/carers to gain knowledge and skills to help them enjoy a happier baby.
- **Henry (Health, Exercise and Nutrition for the Really Young)** 6-week course for parents. Topics covered are family lifestyles, getting active, rewards and praise, what we eat, portion sizes and parenting styles.
- **Starting Solids**—One off 2hr workshop to gain information and support to be confident in when and how to wean your baby.
- **Safer Relationships**— Impact of abusive relationships on children , their development and wellbeing, and moving forward for healthy future relationships.
- **Sensory room**— Booking required £2 per session
- **Incredible Babies**— 8 week course promoting development along with positive relationships, attachment and understanding of baby's needs.
- **Incredible Toddlers**— 12 week course focusing on positive relationships and techniques for managing behaviour.
- **\*Safety Checks** — Free home safety checks. Please speak to a member of staff for more information. \*subject to eligibility
- **Leeds Counselling** — Independent, confidential and professional service held within Children's Centres across Leeds. Please speak to a member of staff for more information. To book an appointment call Sue 07962655667
- **Breast Pumps** — Electric breast pumps are available to mothers who are experiencing issues with breastfeeding to support them to continue breastfeeding.

The key aims of the Children's Centre is to ensure all infants, young children and families are supported through evidence-based practice to have the best possible start in life. This is achieved by promoting good health, safety, wellbeing and enhancing school readiness outcomes. We offer 1:1 support for families around parenting, finances, housing, behaviour management, domestic abuse, and more.

The team also support children who are at risk of harm and their focus is Early intervention. We work closely with the cluster team and other agencies. The service is predominantly focussed on children aged 0-5 years.