Temple Newsam Community Partnership

Please note the TNCP Cluster team will be closed between Friday 20th December 2019 and Monday 6th January 2020.

Listed below are a number of agencies and contact numbers which you may find helpful should you feel that you need support during the Christmas period:

> Children's Social Work Service - Emergency Duty Team - 0113 3760336 (day time service). Children's Early Help Hub practitioners will also be available.

> Mindmate SPA – 0300 5550324

> Childline - 0800 1111 (Freephone)

> Accident & Emergency at Leeds General Infirmary

> Call police on 999 in an emergency or 101 non emergencies

> 112 – for all emergency service

> NHS Helpline – 111

> National Domestic Violence Helpline - 0808 2000 247 (24 hours a day - freephone)

> Leeds Domestic Violence Service – 0113 2460401

> Samaritans – 116 123 (24 hours a day, 365 days a year)

> Teen Connect Help line - 0808 8001212 (6pm-2am)/ 07715661559 (Text)

Or visit the following relevant websites:

TNCP Cluster – https://tncp.co.uk/children-young-people/need-someone-to-talk-to

Mindmate website for mental health and emotional well being support – https://www.mindmate.org.uk

Teen Connect for emotional well being support for 13-18 year olds - https://www.lslcs.org.uk/services/connect-helpline/teen-connect/

The Market Place for 11-24 year old support - www.themarketplaceleeds.org.uk

NSPCC – https://www.nspcc.org.uk/

Free, safe & anonymous online support – counselling and emotional well-being platform for children and young people – kooth.com

Leeds Domestic Violence Support – https://ldvs.uk/