## YMCA LEEDS

Osmondthorpe One Stop Centre Wykebeck Mount LEEDS LS9 OJE



## SEWING

## THURSDAY 12:45 – 15:15

- Create your own individual projects
- Revamp old clothes/ garments
- Learn how to sew by hand and with a machine
- Socialise with new people
- Increase confidence

All abilities welcome, you must be aged 19 or over.

## Courses are FREE if you are in receipt of any benefits

FOR FURTHER INFORMATION PLEASE RING 0113 2612484

OR EMAIL hannah.prideaux@ymcaleeds.org.uk



YMCA enables people to develop their full potential in mind, body and spirit. Inspired by, and faithful to our Christian values, we create supportive, inclusive and energising communities, where young people can truly belong, contribute and thrive.

SUPPORT & ADVICE ACCOMMODATION FAMILY WORK HEALTH & WELLBEING TRAINING & EDUCATION