

Short Breaks and Fun Activities 2019/20

A short breaks directory for children and young people with disabilities and special educational needs

This directory lists in detail short breaks and fun activities currently available to children and young people aged 0-18 in Leeds. The directory is accompanied by a guide, which explains more about the different kinds of short breaks and fun activities available and how to access them.

(updated 11th March 2019)



Services for everyone including children and young people with additional needs (“Universal” services)

Here is a list of services for all children and young people, including those with additional needs. Please see the [Family Information Service](#) website for further services and information on childcare such as playschemes, children’s centres and pre-schools.

The Leeds Local Offer leedslocaloffer.org.uk brings together information about all the services available in the city for children and young people aged 0-25 who have special educational needs (SEN) and disabilities, including short breaks provision. Email feedback sent to llo@leeds.gov.uk about the offer, along with the response, will be published, at least annually.

If the activity organiser feels they need help with inclusivity, please contact Scope Activities for All (details below). Scope Activities for All is a universal plus service which aims to encourage and support access to universal activities. They will work with any universal service that are offering leisure activities giving advice and support using their Quality Inclusion Mark ensuring access to universal activities is a real possibility.

For help from Scope Activities for All please contact 0113 3570038 or email leeds@scope.org.uk

See the parent information page for universal services that have gained the Scope Inclusion Quality Mark <https://www.scope.org.uk/family-activities-leeds/parents-carers>

Age	0-5 years	Primary Age	Secondary Age+
Services	<p>Family Information Service</p> <p>Children’s Centres</p> <p>Private Nurseries, pre-schools, child minders</p> <p>Third sector voluntary and faith groups To find out more visit: www.familyinformation.leeds.gov.uk</p>	<p>School or extended services activities e.g. out of school clubs, playschemes. To find out more visit: https://familyinformation.leeds.gov.uk/</p> <p>Uniformed groups, e.g. Brownies, Cubs, Scouts, Guides, etc. See local area for details</p> <p>Leisure or sports centres classes. To find out more visit: https://active.leeds.gov.uk/home-(2)</p> <p>Arts activities - theatre, dance, music. To find out more visit: https://www.leeds.gov.uk/leisure or www.breezeleeds.org</p>	<p>As primary age; and also, youth services - details available on the Breeze website.</p> <p>Please visit: https://breezeleeds.org/</p>

Short breaks and activities that meet specific needs (“Targeted” services)

All targeted services can be accessed using the single targeted short break referral form at: www.leeds.gov.uk/residents/Pages/Short-break-offer.aspx. Please note this form will only need to be completed once and can be forwarded to other services.

Service	Target group	What the service offers	Cost of the service	Session Time(s)
ASAS (Aireborough Supported Activities Scheme) Activity Schemes Contact: Jo Galasso Email: Jo.galasso@aireborough-scheme.co.uk Tel: 0113 4603206/07764432933	Age range: 5-18 years with disabilities For children in the Aireborough area of Leeds only (LS5, 16, 18, 19, 20 & 21)	Easter & Summer holiday activity schemes and a Christmas Activity Day – all based at Green Meadows School. <i>(Full dates are at the back of this booklet)</i>	£15/child/day	10.00am – 3.00pm
ASAS Activity Days Details as above	Age range: 8 – 17 years with disabilities Open to all children city-wide	3 Community Based Activity days – based a leisure complexes in Leeds. 3 Centre Based Activity days – based at Lineham Farm. <i>(Full dates are at the back of this booklet)</i>	£15/child/day	Times dependant on activities, approx. 6 hours 9.30am – 3.30pm
ASAS Residential Short Breaks Details as above	Age range: 8 – 17 years with disabilities	5 x 2-night residential (Fri-Sun) short breaks to outdoor pursuits centres where the children & young people will take part in activities* like climbing, biking, animal care, gorge walking and canoeing (*dependant on the venue) plus 1 x 4 night residential (Sun- Thurs) <i>(Full dates are at the back of this booklet)</i>	£90/2 night residential £180/4 night residential	5.00pm on first day until 1.30pm on last day

<p>BID</p> <p>Weekly Youth Club</p> <p>Contact: Amanda Farrar Email: Amanda.farrar@bid.org.uk Tel: 0113 2885750</p>	<p>Age range: 8-18 years</p> <p>For deaf, hard of hearing or visually impaired children.</p>	<p>The Youth Club is to meet friends, learn and gain skills include BSL, different activities to attend for young children in Leeds. The Youth club is open for deaf, hard of hearing and visual impaired children.</p> <p>10 x 5 hr Holiday Activity Scheme</p> <p><i>(Please contact directly dates TBC)</i></p>	<p>£3 per session</p>	<p>Monday evening 6.00pm – 8.00pm Term only</p> <p>Saturday Morning Quarterly (Dates TBC)</p>
<p>Broomfield School</p> <p>School Holiday Activity Scheme</p> <p>Contact: Sharon Crowther Tel: 0113 2771603</p>	<p>Age range: 3-19 years</p>	<p>Holiday Activity Schemes based at Broomfield SILC Leeds 10 for students with additional needs.</p>		<p>Easter, Summer and October half-term 9.30-3pm</p>
<p>Herd Farm</p> <p>Residential & Activity Weekends</p> <p>Contact: Nicky Stanley email: herdfarm@leeds.gov.uk Tel: 0113 378 3088</p>	<p>Age range: 9 – 17 years</p>	<p>Six rural full board weekend outdoor activity residential experiences for 14 young people per weekend as part of a social living, outdoor activities experience in a high-quality Grade II converted and adaptable barn.</p> <p><i>(Full dates are at the back of this booklet)</i></p>	<p>£90 per weekend</p>	<p>48 hours, usually weekends</p> <p>Friday 3.30pm until Sunday 3.30pm</p>
<p>Leeds Mencap</p> <p>Activity Schemes</p> <p>Contact: Gemma Airey email: info@leedsmencap.org.uk Tel: 0113 235 1331</p>	<p>Age range: 4 –8 years</p> <p>Age range: 9-13 years</p> <p>Age range: 14-18 years</p>	<p>Holiday activity schemes for children and young people aged 4 -18 with learning disabilities across three specific groups.</p> <p>The activity scheme is run from The Vinery Centre, Leeds.</p> <p>The children and young people will do a range of different activities throughout the week such as baking, arts and crafts, visits from the animals, music sessions, circle skills and discos, as well as one full day trip per week.</p> <p><i>(Full dates are at the back of this booklet)</i></p>	<p>£17.50 per day plus £15 contribution towards cost of the trip</p>	<p>10.00am – 3.00pm</p>

<p>Leeds Mencap</p> <p>Tuesday Youth Club</p> <p>Contact: Gemma Airey email: info@leedsmencap.org.uk Tel: 0113 235 1331</p>	<p>Age range: 9-13 years</p>	<p>The group meets on a Tuesday evening during term time.</p> <p>The group is run from The Vinery Centre, Leeds.</p> <p>The children and young people will do a range of activities such as arts and crafts, baking, messy play sessions, as well as termly visits from workshops as such as music, dance or animals.</p> <p>Parents can either drop off and leave the child or young person, or they can choose to remain on site in the parent's room, where there is access to tea and coffee.</p>	<p>£4.50 per week, payable half termly in advance</p>	<p>Tuesday 6.00-8.00 pm</p> <p>Term time only</p>
<p>Leeds Mencap</p> <p>Thursday Youth Club</p> <p>Details as above</p>	<p>Age range: 14-18 years</p>	<p>The group meets on a Thursday evening during term time.</p> <p>The group is run from The Vinery Centre, Leeds.</p>	<p>£4.50 per week, payable half termly in advance</p>	<p>Thursday 6.00-8.00 pm</p> <p>Term time only</p>
<p>LS_TEN</p> <p>Activity Scheme</p> <p>Contact: Tosh Wilson email: toshwilson@ls-ten.org Tel: 0113 2446015</p>	<p>Age range 5-18</p>	<p>LS_TEN run activity schemes across the city whereby disabled children will be able to access services as an inclusive service with adaptive bikes and other equipment.</p> <p><i>(Full dates are at the back of this booklet)</i></p>	<p>£3.00 per day</p>	<p>Monday to Friday 9.00am – 3.00pm</p>
<p>LWCA (Leeds Weekend Care Association)</p> <p>Weekenders Club Teen Scene</p> <p>Lisa Sheader Email: office@lwca.co.uk Tel: 0113 216 5133</p>	<p>Age range: 5 - 13 Age range: 14 - 18</p>	<p>A citywide, full day play scheme one day per month at Vine Education Centre, Leeds 6.</p>	<p>A packed lunch is required and the cost is £22.00 per session.</p>	<p>Saturday 10.00am – 4.30pm</p>

<p>LWCA (Leeds Weekend Care Association)</p> <p>Out & About Details as per Weekenders Club</p>	<p>Age range: 14 – 18</p>	<p>Teenage outings in small groups in the local community; activities such as: bowling, eating out, theatre, theme parks, snooker nights & youth club nights.</p>	<p>Variable (between £10.00 & £25.00) depending on activity</p>	<p>Variable, depending on activity. In term time, evenings, after school Monday-Friday. In school holidays some full day activities and some evening activities.</p>
<p>Phoenix Dance</p> <p>Weekend dance group</p> <p>Contact: Charis Charles email: charis.charles@phoenixdancetheatre.co.uk Tel: 0113 236 8130</p>	<p>Age range: 6 – 18</p> <p>Young people with additional needs (such as autism, learning difficulties)</p>	<p>One-hour dance provision every Saturday during term time to enable young people with additional needs the opportunity to make new friends, learn new skills and perform, develop their dance technique, their health and fitness, their social and communication skills in a supportive and creative environment.</p> <p>Plus, activity scheme from Mon-Wed.</p> <p><i>(Please contact directly dates TBC)</i></p>	<p>£25 per term</p>	<p>Saturday Term time only</p> <p>City Centre Age 6–10: 2.30pm–3.30pm</p> <p>Age: 11–18 4.00pm-5.00pm</p> <p>Mabgate 1.00-2.00pm</p>
<p>SENSE</p> <p>Contact: Shelley Thomas Sanderson Email: Shelley.Thomassanderson@sense.org.uk Tel: 0113 2059500</p>	<p>Age range: 8 -18</p>	<p>Sense will run regular 'Social Activities for Children and Young People' weekend groups, on a Saturday and Sunday, 10am - 3pm for 46 weeks a year. These will be based from Sense Centre Leeds and Wakefield in Robin Hood,</p>	<p>£4.00 per session</p>	<p>Saturday and Sunday Session 10.00am – 3.00pm</p>

<p>Sport Works</p> <p>Multi-Sport Weekend Sessions</p> <p>Contact: Haf Khan Email: haf@sportworksltd.co.uk Tel: 07494889604</p>	<p>Age range: 8-19</p>	<p>Our sessions are designed for young people (aged 8-19) with disabilities and additional needs to enjoy a variety of sports, enabling them to develop their independence and social skills in a fun, relaxed and supportive environment (1:4 staff participant ratio)</p>	<p>£15 per session</p>	<p>Corpus Christi High School & Middleton Leisure Centre</p> <p>Saturdays 10.00am-3.00pm</p>
<p>Sport Works</p> <p>Multi-Sport Activity Schemes</p> <p>Contact: Haf Khan Email: haf@sportworksltd.co.uk Tel: 07494889604</p>	<p>Age range: 8-19</p>	<p>Our sessions are designed for young people (aged 8-19) with disabilities and additional needs to enjoy a variety of sports, enabling them to develop their independence and social skills in a fun, relaxed and supportive environment (1:4 staff participant ratio)</p> <p><i>(Full dates are at the back of this booklet)</i></p>	<p>£15 per session</p>	<p>Corpus Christi High School Tues & Thurs 10.00am-3.00pm</p> <p>Middleton Leisure Centre Wed & Fri 10.00am – 3.00pm</p>
<p>Sunshine and Smiles – Leeds Down Syndrome Network</p> <p>8-15 Group</p> <p>Email: hello@sunshineandsmiles.org.uk Telephone: 07725041601</p>	<p>Age range: 8-15 years who have Down syndrome</p>	<p>Social & recreational opportunities such as cricket, singing, football, crafts and more in a safe supportive environment.</p>	<p>Suggested donation £5</p>	<p>Fortnightly Saturdays 12pm – 2pm.</p> <p>Monthly Thursday evenings 6.30pm to 8pm</p>
<p>Sunshine and Smiles – Leeds Down Syndrome Network</p> <p>16+ Group</p> <p>Email: hello@sunshineandsmiles.org.uk Telephone: 07725041601</p>	<p>Age range: 16-19 years who have Down syndrome</p>	<p>Social & recreational opportunities such as singing, football, crafts and more in a safe, supportive environment.</p>	<p>Suggested donation £5</p>	<p>Monthly Thursday evenings 6.30pm – 8pm & occasional weekend sessions.</p>

<p>West Leeds Activity Centre</p> <p>After school club</p> <p>Contact: Shaun Watson Email: Shaun.Watson@leeds.gov.uk Tel: 07891278003</p>	<p>Age range: 12 – 18 years</p>	<p>A large choice of outdoor, horticultural and environmental experiences in what is a motivational and often therapeutic environment.</p>	<p>£6.00 per session</p>	<p>Thursdays Term time only 4.00pm-6.30pm</p>
<p>West Leeds Activity Centre</p> <p>School holiday playschemes Details as above</p>	<p>Age range: 12 - 18</p>	<p>As above</p> <p><i>(Full dates are at the back of this booklet)</i></p>	<p>£18 per day</p>	<p>4 days per week 9.00am – 3.30pm</p>
<p>West SILC</p> <p>Summer Holiday playschemes</p> <p>Contact: Christine Raby Email: christine.raby@westsilc.org Tel: 0113 3862450</p>	<p>Age range 5-19</p>	<p>The West SILC summer playscheme will be delivered 9 days over the holidays.</p> <p><i>(Dates to be confirmed)</i></p>	<p>£15 per day</p>	<p>9.30am – 2.30pm</p>

Short breaks services for children and young people with very complex needs (“specialist” services)

All specialist services can be accessed via the referral routes mentioned below.

There is NO cost to families when accessing these services

Service	Target group	Referral route/access	What the service offers
Rainbow House	Age range: 10-17	Referral to RADAR panel by a Social Worker having identified need through a Child and Family assessment.	Planned overnight short breaks.
Individual Support Workers (ISW's)	Age range: 0 – 17	Referral to RADAR panel by a Social Worker having identified need through a Child and Family assessment.	Individually tailored packages of support.
Fostering Complex Needs Short Breaks, Leeds City Council Tel: 0113 247 8934	Age range: 0 – 17	Referral to RADAR panel by a Social Worker having identified need through a Child and Family assessment.	Short breaks for children in the homes of trained and approved carer families.
Health Short Breaks Tel: 0113 272 8644	CYP with complex health needs. Age range: 0 – 18	Referral by a professional having identified a need through a Child and Family assessment or Early Help and nursing assessment.	Short breaks for children and young people with complex health needs.
Children's Continuing Healthcare Tel: 0113 272 8644	CYP with complex health needs. Age range: 0 – 18	Referral by a professional having identified a need through a Child and Family assessment or Early Help and nursing assessment.	High dependency intensive home-based nursing provision.
Hannah House Email: seniorstaffnurses.hannahhouse@nhs.net Tel: 0113 282 9173	CYP with complex health needs. Age range: 0 – 18	Referral by a professional having identified a need through a Child and Family assessment or Early Help and nursing assessment.	Planned overnight short breaks.
Martin House Email: admin@martinhouse.org.uk Tel: 0193 784 5045	CYP with complex health needs. Age range: 0 – 18	Direct referral to Martin House.	Individually tailored packages of support.

Short Break School Holiday Activity Schemes 2019/20

	Easter			May half-term
	1st - 5th April	8th - 12th April		27th - 31st May
ENE	<p style="text-align: center;">1st - 5th April (age 14-18) Leeds Mencap - The Vinery (10am - 3pm)</p> <p style="text-align: center;">Tues 2nd & Thurs 4th April Sportworks Corpus Christi (10am - 4pm)</p>	<p style="text-align: center;">8th - 12th April (age 4-8) Leeds Mencap - The Vinery (10am - 3pm)</p> <p style="text-align: center;">Tues 9th & Thurs 11th April Sportworks Corpus Christi (10am - 4pm)</p>	ENE	<p style="text-align: center;">Tues 28th & Thurs 30th May Sportworks Corpus Christi (10am - 4pm)</p>
South	<p style="text-align: center;">1st - 5th April LS_TEN (9am - 3pm)</p> <p style="text-align: center;">Wed 3rd & Fri 5th April Sportworks Middleton Leisure Centre 10.00am - 3.00pm</p>	<p style="text-align: center;">8th - 12th April LS_TEN (9am - 3pm)</p> <p style="text-align: center;">Wed 10th & Fri 12th April Sportworks Middleton Leisure Centre 10.00am - 3.00pm</p>	South	<p style="text-align: center;">Wed 29th & Fri 31st May Sportworks Middleton Leisure Centre 10.00am - 3.00pm</p>
WNW	<p style="text-align: center;">1st - 5th April - ASAS Green Meadows School (10am - 3pm)</p>	<p style="text-align: center;">Mon 8th April - ASAS Lineham Farm (9.30-3.30pm)</p> <p style="text-align: center;">Tues 9th April - ASAS Community Event (9.30-3.30pm)</p>	WNW	<p style="text-align: center;">Tues 28th May - ASAS Lineham Farm (9.30-3.30pm)</p> <p style="text-align: center;">Wed 29th May - ASAS Community Event (9.30-3.30pm)</p>

Summer					
	29 th July – 2 nd Aug	5 th – 9 th Aug	12 th – 16 th Aug	19 th – 23 rd Aug	26 th – 30 th Aug
ENE	<p>29th July – 2nd Aug (age 9-13) Leeds Mencap - The Vinery (10am – 3pm)</p> <p>Tues 30th & Thurs 1st Aug Sportworks Corpus Christi (10am – 4pm)</p>	<p>5th – 9th Aug (age range 14-18) Leeds Mencap - The Vinery (10am – 3pm)</p> <p>Tues 6th & Thurs 8th Aug Sportworks Corpus Christi (10am – 4pm)</p>	<p>12th – 16th Aug (age range 4-8) Leeds Mencap - The Vinery (10am – 3pm)</p> <p>Tues 13th & Thurs 15th Aug Sportworks Corpus Christi (10am – 4pm)</p>	<p>19th – 23rd Aug (age range 9-13) Leeds Mencap - The Vinery (10am – 3pm)</p> <p>Tues 20th & Thurs 22nd Aug Sportworks Corpus Christi (10am – 4pm)</p>	<p>Tues 27th & Thurs 29th Aug Sportworks Corpus Christi (10am – 4pm)</p>
South	<p>29th July – 2nd Aug LS_TEN (9am – 3pm)</p> <p>Wed 31st & Fri 2nd Aug Sportworks Corpus Christi (10am – 4pm)</p>	<p>5th – 9th Aug LS_TEN (9am – 3pm)</p> <p>Wed 7th & Fri 9th Aug Sportworks Middleton Leisure Centre 10.00am – 3.00pm</p>	<p>12th-16th Aug LS_TEN (9am – 3pm)</p> <p>Wed 14th & Fri 16th Aug Sportworks Middleton Leisure Centre 10.00am – 3.00pm</p>	<p>19th-23rd Aug LS_TEN (9am – 3pm)</p> <p>Wed 21st & Fri 23rd Aug Sportworks Middleton Leisure Centre 10.00am – 3.00pm</p>	<p>26th-30th Aug LS_TEN (9am – 3pm)</p> <p>Wed 28th & Fri 30th Aug Sportworks Middleton Leisure Centre 10.00am – 3.00pm</p>
WNW	<p>25th July – 2nd Aug – ASAS Green Meadows School (10am – 3pm)</p>	<p>5th – 9th Aug – ASAS Green Meadows School (10am – 3pm)</p>			

	October half term	December	Spring
	28th Oct – 1st Nov		17th – 21st Feb
ENE	<p>28th Oct – 1st Nov (age range 4-8) Leeds Mencap - The Vinery (10am – 3pm)</p> <p>Tues 29th & Thurs 31st Oct Sportworks Corpus Christi (10am – 4pm)</p>	<p>Tues 23rd & Tues 31st Dec Sportworks Corpus Christi (10am – 4pm)</p>	<p>17th – 21st Feb (age range 9-13) Leeds Mencap - The Vinery (10am – 3pm)</p> <p>Tues 18th & Thurs 20th Feb Sportworks Corpus Christi (10am – 4pm)</p>
South	<p>28th Oct – 1st Nov LS_TEN (9am – 3pm)</p> <p>Wed 30th Oct & Fri 1st Nov Sportworks Middleton Leisure Centre 10.00am – 3.00pm</p>	<p>Fri 27th Dec & Fri 3rd Jan Sportworks Middleton Leisure Centre 10.00am – 3.00pm</p>	<p>17th-21st Feb LS_TEN (9am – 3pm)</p> <p>Wed 19th & Fri 21st Feb Sportworks Middleton Leisure Centre 10.00am – 3.00pm</p>
WNW	<p>Mon 28th Oct – ASAS Lineham Farm (9.30-3.30pm)</p> <p>Tues 29th Oct – ASAS Community Event (TBC)</p>	<p>7th Dec – ASAS Green Meadows School (10am – 3pm)</p>	<p>Mon 17th Feb – ASAS Lineham Farm (9.30-3.30pm)</p> <p>Tues 18th Feb – ASAS Community Event (TBC)</p>

Short Break Residential Provisions 2019/20

Please note that dates could change so it is advised to contact the residential directly to confirm

Residential	Holiday	Dates
Aireborough Supported Activities Scheme	April	Fri 26 – Sun 28 April, Lineham Farm, Leeds. (2 nights)
Aireborough Supported Activities Scheme	May	Fri 31 May – Sun 2 June, Low Mill, Askrigg, N. Yorks. (2 nights, Spring Bank Hols)
Herd Farm	Summer	Fri 2 nd – Sun 4 th August, Herd Farm, Leeds (2 nights)
Aireborough Supported Activities Scheme	Summer	Sun 11 - Thurs 15 August, Lineham Farm, Leeds (4 nights, Summer Hols).
Herd Farm	September	Fri 20 th – Sun 22 nd September, Herd Farm, Leeds (2 nights)
Aireborough Supported Activities Scheme	September	Fri 27 – Sun 29 September, Herd Farm, Leeds (2 nights)
Herd Farm	October	Fri 18 th – Sun 20 th October, Herd Farm, Leeds (2 nights)
Aireborough Supported Activities Scheme	October	Fri 25 – Sun 27 October, Lineham Farm, Leeds (2 nights, Oct Half term)
Herd Farm	December	Fri 6 th – Sun 8 th December, Herd Farm, Leeds (2 nights)
Herd Farm	February	Fri 7 th – 9 th February 2020, Herd Farm, Leeds (2 nights)
Herd Farm	March	Fri 13 th – Sun 15 th March 2020, Herd Farm, Leeds (2 nights)
Aireborough Supported Activities Scheme	March	Fri 20 th – Sun 22 nd March 2020, Lineham Farm, Leeds. (2 nights)
ASAS (Aireborough Supported Activities Scheme) Contact: Jo Galasso Email: Jo.galasso@aireborough-scheme.co.uk Tel: 0113 4603206		Herd Farm Contact: Nicky Stanley email: herdfarm@leeds.gov.uk Tel: 0113 378 3088